



ISP UNIFORM

Uniforms are required for all students at ISP. They are in keeping with public and private Panamanian school culture and should reflect pride in our school community. Additionally, they are an expression of preparedness and a kind of professionalism desired in ISP students.

Although the ISP uniform has a relaxed appearance, it is a uniform and must be worn according to the regulations. Violations will result in appropriate disciplinary actions detailed in the student handbooks.

ISP Uniform Regulations:

1. All students are required to wear a complete school uniform in accordance with the uniform items list. All uniform items must be labeled with the student's name.
2. Uniform items (items marked * are available at the uniform shops):
 - a. **Shoes:** Shoes must be all black including soles and laces (athletic shoes are acceptable and we recommend rubber/slip-proof soles for safety reasons. No open backs or sandals are allowed.
 - b. **Socks:** White socks are required. They must cover the ankle.
 - c. ***Slacks:** Navy blue uniform slacks (available at the uniform shops) or navy chinos (lightweight cotton trousers that are dressier than khakis and do not fade as easily) are required. Slacks with rips or holes, hems that reach the floor or over and/or undersized slacks are NOT allowed.
 - d. ***Culottes:** ISP plaid uniform culottes are available at the uniform shop. The length of the culottes may vary from just above the knee to no shorter than 2 inches (5.0 cm) above the knee. No over and/or undersized Bermuda shorts are allowed.
 - e. ***Skirt:** ISP plaid uniform skirts are available at the uniform shop. The length of the skirt may vary from mid-knee to no shorter than 2 inches (5.0 cm) above the knee.

- f. ***Shirts:** ISP light blue cotton shirts or solid (teal or burgundy) ISP polo shirts are available at the uniform shop. Only students in grades 11 and 12 have the option of wearing the teal or burgundy shirt with alternating color collar. All shirts must be tucked into pants unless they are hemmed to fall 4"-6" below the navel.
- g. ***P.E. Uniform:** ISP T-shirts or plain navy T-shirts and ISP or navy PE shorts are required.
- h. ***Sweatshirts and Sweaters:** Only ISP sweatshirts or plain navy blue sweatshirts or sweaters are allowed.
- i. ***ISP Caps and Visors:** only ISP caps and visors are allowed and these are **highly recommended for P.E. and all outdoor activities.** Caps and visors may only be worn outside of school buildings.

3. General Notes about special dress and grooming:

- a. Students may be requested to wear plain colored T-shirts or sport shirts (i.e. green, red, blue, etc.) for certain activity days.
- b. Elementary students may be requested to wear their national dress on UN Day. This is optional. Additionally, there is a dress up day when elementary students are asked to dress up as their favorite book character.
- c. On some field trips, students will be allowed to wear jeans. Torn and over or under-sized jeans are not permitted.
- d. Students may wear properly sized, white and/or ISP P.E. T-shirts under their uniform shirts, provided they do not extend outside of the uniform shirt.
- e. Hair must be clean, brushed and well kept. Unnaturally colored hair, (i.e. blue, green, red, purple, etc.) is not allowed. At times, for safety, long hair must be pulled back. Girls *ISP hair bands and ties are available at the uniform shops.
- f. For safety, students should wear a minimum amount of jewelry. Some jewelry, including dangling earrings, must be removed for PE. Lockers are provided, but the school cannot assume responsibility for articles left unlocked. Please leave expensive items at home.
- g. High school students are required to wear business attire for the annual PANAMUN event in October. Boys generally wear suits or sport coats and girls wear business formal attire. Additionally, for school trips, chaperones may require sport team warm-up suits or "smart casual" attire.